

# 5 REASONS TO DISINFECT YOUR MOBILE DEVICE



#### Introduction

In a clinical context, your tablet computer or phone is considered a 'High Touch' surface. Using mobile devices in a germ sensitive environment creates the potential for the transference of organisms to and from those you are in contact with. Cleaning and Disinfecting your device is a very important step towards minimizing the spread of organisms. Here are 5 very important reasons to methodically and consistently clean and disinfect your tablets.



#### 01. Hospital Acquired Infections

Each year, approximately 1.7 million people acquire an infection during a hospital visit in the United States. The Center for Disease Control and Prevention estimates that in the US alone, these infections are the cause of 99,000 deaths.

### 02. Organisms Linger

Many organisms that cause infections can linger and survive on surfaces. For instance, Acinetobacter baumannii, an aerobic gram- negative bacterium that is resistant to many antibiotics, can remain alive on a surface for hours, days, or even months.

#### 03. Patient/Clinician/ Home Use (BYOD)

Tablet computers, like the iPad, are rapidly being used in clinical settings for Patient Check-in, Education, and even entertainment purposes. Physicians and Nurses are utilizing tablets to access patient records and in some cases sharing this information with patients directly. Handing a tablet to a patient which has not been properly disinfected can pose a potential risk of transferring these organisms.

If your device is also your personal device, like a cellphone, or a tablet you take home with you, it is important that you properly disinfect these devices before potentially bringing these germs into your home.

### 04. REGULATORY GUIDELINES

The CDC has published guidance with recommendations for disinfection and sterilization in Health-Care Facilities. They recommend disinfection of non-critical objects after each patient use if visibly soiled and most certainly if the patient is on contact precautions regardless of the object being visibly soiled.

The CDC also lists a series of approved chemical based disinfectants that can be used on non-critical devices. It is important to note that while some studies show that efficacy can be achieved in minutes, hospitals must adhere to the instructions on the label which most often requires a surface contact time of 10 minutes.

## 05. Things are growing on your device

Many recent studies have performed random inspection of mobile devices both inside hospitals and in public settings have tested positive for pathogens. One study found that close to 40% of patients personal devices carried bacteria while 20% of Healthcare workers were also harboring pathogens on their own devices.

How often you clean and disinfect your device is an important part in combating the proliferation of pathogens. Be sure to use appropriate methods of disinfection that adhere to your environment's policies, regulatory guidance, and instructions from the manufacturer of your device.

#### Schedule your free consultation

See what iCleanse can do for you!

#### **Contact Us**



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